

NEWPORT PIER 2 PIER SWIM

Saturday, July 11, 2009

10 A.M. at the Balboa Pier, Newport Beach

Directions: Take the 55 Freeway south to Costa Mesa where it turns into Newport Blvd. Follow Newport Blvd into Newport Beach, thru all of the numbered streets and turn right at the light at Palm St. Park in the municipal parking lot and meet at Lifeguard Tower M, just to the right of the Balboa Pier.

Check-In: 9:00 A.M. at Lifeguard Tower "M", next to the Balboa Pier.
Call 949-640-5350 or e-mail: nadineturner3@cox.net for details.

Course: Start on the beach next to the Balboa Pier. Swim to a buoy offshore, then upcoast to a buoy next to the Newport Pier. Round the buoy at the Newport Pier and swim to the finish on shore at Lifeguard HQ. This swim is approximately 2 miles long.

Entry Fee: Entry with T-shirt (Checks made to NBOLA) \$25.00 \$45 Combined entry for both swims
Additional Souvenir T-shirt \$10.00 1st, 2nd, and 3rd Place Awards presented

Paddlers: It is always recommended that swimmers wear a bright cap and be accompanied by a paddler!

Corona Del Mar 1 MILE Don Burns Swim

10 A.M. on Saturday August 29, 2009

At Big Corona Beach in Corona del Mar

Directions: Take the San Joaquin Tollway(the 73) in Orange County, to MacArthur Blvd. if coming from LA and follow it to Pacific Coast Highway. Turn left (south) and follow the alphabetically ordered streets to Marguerite. (Coffee shops are on your right at Goldenrod.) Right at Marguerite and right again at Ocean Blvd will take you to a large driveway down to the City parking lot on the beach, \$10 to park or park on the streets above and walk down. If coming from San Diego take the Tollway to Newport Coast Road. Turn left and follow it to Pacific Coast Highway. Turn Right (north) to Marguerite. Left on Marguerite. Right on Ocean.

Check-In: 9:00 A.M. at Lifeguard Tower #3 – next to the jetty.
Call 949-640-5350 or e-mail nadineturner3@cox.net for details.

Course: Start from the beach next to the Corona del Mar jetty. Swim to buoy 200 yards offshore and the downcoast past spectacular cliff side homes and beautiful rocky coastline to the secluded cove of Little Corona. Round buoys on your left shoulder, return up coast along the swim lines to the first buoy, and swim to a finish onshore where you began.

Entry Fee: Entry with T-shirt (Checks made to NBOLA) \$25.00 \$45 Combined entry for both swims
Additional Souvenir T-shirt \$10.00 1st, 2nd, and 3rd Place Awards presented

Paddlers: It is always recommended that swimmers wear a bright cap and be accompanied by a paddler!

Newport Pier 2 Pier and Don Burns 1 Mile Swim

I am registering for the: Pier 2 Pier Swim _____ Don Burns Swim _____ Both Swims _____
\$25 for each swim or \$45 Combined entry for both swims

Send Entry: N.B.O.L.A. c/o Nadine Turner, One Giverny, Newport Coast, CA. 92657-1007

_____ Male or _____ Female Name _____

_____ Seniors 19 - 24 years _____ Masters 40 – 44 years _____ Veteran 60 – 64 years

_____ Seniors 25 – 29 years _____ Masters 45 – 49 years _____ Veteran 65 – 69 years

_____ Masters 30 – 34 years _____ Masters 50 – 54 years _____ Super Veteran 70 – 74 years

_____ Masters 35 – 39 years _____ Masters 55 – 59 years _____ Super Veteran 75 years plus

_____ Men's Wetsuit Division _____ Women's Wetsuit Division _____ Newport Lifeguard Division

Email address (print) _____ Or Fax # _____

Phone(____) _____ Age _____ Birth date _____

Circle T-Shirt Size: S M L XL XXL USMS Registration # _____ Team Affiliation _____

Rules: U.S. MASTERS SWIMMING RULES GOVERN THIS EVENT – To place in age groups:

2009 U.S. MASTERS REGISTRATION MANDATORY TO PARTICIPATE

Wetsuits/Neoprene Caps must enter in a Wetsuit Division

It is recommended that swimmers wear bright caps and be accompanied by a paddler.

Sanction: By Southern Pacific Masters for USMS Inc. Sanction # pending

LIABILITY WAIVER – NEWPORT PIER-2-PIER & DON BURNS 1-MILE SCHOLARSHIP SWIM

In consideration of the acceptance of this entry in said ocean swimming races to be held July 11, 2009 and August 29, 2009, in Newport Beach, California, I the undersigned participant, intending to be legally bound, do hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES INCLUDING ALL CLAIMS FOR LOSSES OR DAMAGE CAUSED BY NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: THE CITY OF NEWPORT BEACH AND ITS CITY COUNCIL TOGETHER WITH THEIR REPRESENTATIVES, AND/OR EMPLOYEES, UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, NEWPORT BEACH OCEAN LIFEGUARD ASSOCIATION, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING ACTIVITIES. In addition, I agree to abide and be governed by the rules of USMS, specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.

Signed (Applicant) _____ Date _____