

NEWPORT PIER 2 PIER SWIM

Saturday, July 16, 2011

10 A.M. at the Balboa Pier, Newport Beach

("WARNING" for those coming from the San Fernando Valley, Ventura and Santa Barbara: The 405 freeway will be closed between the 101 and 10 Freeways all weekend. Take I5 south or 210 east to the 55 Freeway south. Plan for additional travel time or better yet – come Friday and stay the weekend! Thanks for the tip H Burns!)

Directions: Take the 55 Freeway south to Costa Mesa where it turns into Newport Blvd. Follow Newport Blvd to Newport Beach, thru all of the numbered streets. Turn right at the Palm St light. Park in the municipal parking lot and meet at Lifeguard Tower M, just to the right of the Balboa Pier.

Check-In: **9:00 A.M. at Lifeguard Tower "M", next to the Balboa Pier.**

Call 949-640-5350 or e-mail: nadineturner3@cox.net for details.

Course: Start on the beach next to the Balboa Pier. Swim to a buoy offshore, then right shoulder up coast to a buoy next to the Newport Pier. Round the buoy right shoulder at the Newport Pier and swim to the finish onshore. This swim is approximately 2 miles long.

Entry Fee:

Entry with T-shirt (Checks made to NBOLA)	\$30.00	\$50 Combined entry for both swims
Additional Souvenir T-shirt	\$10.00	1 st , 2 nd , and 3 rd Place Awards presented

Paddlers: It is always recommended that swimmers wear a bright cap and be accompanied by a safety paddler!

Corona Del Mar 1 MILE Don Burns Swim

Saturday August 27, 2011

10 A.M. at Big Corona Beach in Corona del Mar

Directions: Take the San Joaquin (73) Tollway or 405 Fwy to MacArthur Blvd towards the ocean. Turn left (south) on Pacific Coast Highway and follow the alphabetically ordered streets to Marguerite. (Coffee shops are on your right at Goldenrod.) Right at Marguerite and right again at Ocean Blvd. Take the large driveway down to the City parking lot (\$15) on the beach.

Check-In: **9:00 A.M. at Lifeguard Tower #3 – closest Lifeguard tower to the jetty.**

Call 949-640-5350 or e-mail nadineturner3@cox.net for details.

Course: Start from the beach next to the Corona del Mar jetty. Swim to buoy 300 yards offshore and then down coast, past spectacular cliff side homes and beautiful rocky coastline, to the secluded cove of Little Corona. Round buoys on your left shoulder, return up coast along the swim lines to the first buoy, and swim to a finish onshore where you began, at Lifeguard Tower #3.

Entry Fee:

Entry with T-shirt (Checks made to NBOLA)	\$30.00	\$50 Combined entry for both swims
Additional Souvenir T-shirt	\$10.00	1 st , 2 nd , and 3 rd Place Awards presented

Paddlers: It is always recommended that swimmers wear a bright cap and be accompanied by a safety paddler!

Newport Pier 2 Pier and Don Burns 1 Mile Swim

I am registering for: Both Ocean Swims _____ Newport Pier Swim _____ Don Burns Swim _____
(\$50 Combined for both swims) OR \$30 Individual Entry for each swim

Send Entry: N.B.O.L.A. c/o Nadine Turner, One Giverny, Newport Coast, CA. 92657-1007

_____ Male or _____ Female Name _____

_____ Seniors 19 - 24 years _____ Masters 40 - 44 years _____ Veteran 60 - 64 years

_____ Seniors 25 - 29 years _____ Masters 45 - 49 years _____ Veteran 65 - 69 years

_____ Masters 30 - 34 years _____ Masters 50 - 54 years _____ Super Veteran 70 - 74 years

_____ Masters 35 - 39 years _____ Masters 55 - 59 years _____ Super Veteran 75 years plus

_____ All Men's Wetsuit Division _____ All Women's Wetsuit Division _____ All Newport Lifeguard Division

Email address (print) _____

Cell Phone # (____) _____ Age _____ Birth date _____

Circle T-Shirt Size: S M L XL XXL USMS Registration # _____ Team Affiliation _____

Rules: U.S. MASTERS SWIMMING RULES GOVERN THIS EVENT - To place in age groups:

2011 U.S. MASTERS SWIM REGISTRATION MANDATORY TO PARTICIPATE
Wetsuits/Neoprene Caps must enter in a Wetsuit Division

It is recommended that swimmers wear bright caps and be accompanied by a safety paddler.

Sanction: By Southern Pacific Masters for USMS Inc. Sanction # 331-203 & 331-204

LIABILITY WAIVER FOR THE NEWPORT PIER-2-PIER & DON BURNS 1-MILE SWIM

"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CITY OF NEWPORT BEACH AND THE NEWPORT BEACH OCEAN LIFESAVING ASSOCIATION, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.

Signed (Applicant) _____ Date _____